



## 7 Steps to a Perfect Life

Please visit the student area of [perfectlife.com](http://perfectlife.com) for instructions and worksheets for these 7 steps.

### 1. Define success for yourself.

You should be very clear on the 3 ways that you measure success.  
Until you know what's most important to you, a perfect life will be elusive.

### 2. Identify the 25 elements of your perfect life.

These are the people, situations, personal attributes, situations, possessions  
and experiences that comprise your perfect life

### 3. Get your life in very good shape.

It's difficult to build a perfect life on top of quicksand.  
Use the Clean Sweep and Personal Foundation Programs to perfect your foundations.

### 4. Let go of stuff that will prevent you from having a perfect life.

This includes certain people, occupations, obligations, problems, behavior and situations.  
Structural changes are usually necessary when perfecting one's life.

### 5. Invest in what you'll need to perfect your life within 12 months.

The may include investments in your environments, skill sets, network, education, body and systems.

### 6. Focus on the 25 perfect life elements.

And set up support structures to help you install and perfect all 25.

### 7. Integrate all 25 elements of your perfect life.

Once you have all 25 elements installed and working, the final step to 'lock them in place'  
is to connect each to the others..